



2022 - 2023

Zodiac Calendar

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Find us live every Tuesday from 7pm on our Facebook page, for Crystal Time, where we explore holistic, spiritual, healing, crystal, astrological topics and more.

Join us on the first Thursday of each month at 7pm, on our Facebook page for our Live Oracle card Reading. Select a card and have it read live, by Tiggy.

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Moon Phases



New Moon

At the New Moon, you can sow the seeds of your intentions for the next Lunar cycle. Do so close to the time of the New Moon for maximum effect. The most important thing at the New Moon is to follow your inner guidance as this will enable you to access the guiding vision for your life.

First Quarter

The First Quarter Moon is the time to put your past behind you and begin taking necessary action to achieve your goals. It is also a time to assess your goals and intentions and decide if any part of your plan needs to be revised or changed for the remainder of the cycle.

Full Moon

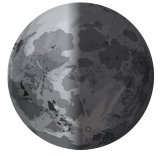
The Full Moon represents possibility, unfolding potential and abundance as one of our New Moon intentions could be about to manifest or be on its way. From this point on we are aware of the consequences of the cycle and can make conscious choices about any further development.

Last Quarter

The Last Quarter Moon is a transitional time of activation and responsibility. It is a time for consciously letting go and releasing unhelpful patterns and thoughts from your life. It is also a time for forgiveness and expressing gratitude for the lessons and experiences you have received.

Astrological CALENDAR

2022 - 2023



Sun Season

New Moon

First Quarter

Full Moon

Last Quarter

	Sun Season	New Moon	First Quarter	Full Moon	Last Quarter
March	♈ 20 th , Aries	♋ 2 nd , 17:34	♌ 10 th , 00:00	♍ 18 th , 07:17	♎ 25 th , 00:00
April	♉ 20 th , Taurus	♌ 1 st , 06:24 30 th , 20:27	♍ 9 th , 00:00	♎ 16 th , 18:54	♏ 23 rd , 06:17
May	♊ 21 st , Gemini	♌ 30 th , 11:30	♍ 9 th , 00:00	♎ 16 th , 04:13	♋ 22 nd , 15:50
June	♋ 21 st , Cancer	♍ 29 th , 02:52	♎ 7 th , 00:00	♎ 14 th , 11:51	♈ 21 st , 03:37
July	♌ 22 nd , Leo	♍ 28 th , 17:54	♎ 7 th , 00:00	♏ 13 th , 18:37	♉ 20 th , 18:23
August	♍ 23 rd , Virgo	♎ 27 th , 08:17	♏ 5 th , 00:00	♏ 12 th , 01:35	♊ 19 th , 12:07
September	♎ 23 rd , Libra	♎ 25 th , 21:54	♏ 3 rd , 00:00	♋ 10 th , 09:58	♍ 18 th , 08:00
October	♏ 23 rd , Scorpio	♏ 25 th , 11:48	♏ 3 rd , 00:00	♈ 9 th , 21:54	♍ 17 th , 00:00
November	♐ 22 nd , Sagittarius	♐ 23 rd , 22:57	♏ 1 st , 18:47 30 th , 00:15	♉ 8 th , 11:01	♌ 16 th , 00:00
December	♑ 21 st , Capricorn	♑ 23 rd , 10:16	♈ 30 th , 00:00	♊ 8 th , 04:08	♎ 16 th , 08:56
January	♒ 20 th , Aquarius	♒ 21 st , 20:53	♉ 28 th , 00:00	♋ 6 th , 23:07	♎ 14 th , 02:10
February	♈ 18 th , Pisces	♈ 20 th , 07:05	♊ 27 th , 00:00	♌ 5 th , 18:28	♏ 13 th , 00:00

Sun Sign

The Sun is your ego, thought and personality. It is what you present to the world and represents the force that drives you to express your true self. Your sun sign is how you answer who you are, how you experience life and express your individuality. It represents your individuality.

UNDERSTANDING YOUR SIGN



Air Signs: Gemini, Libra, Aquarius

You express yourself intellectually and like to recharge in social situations.



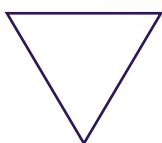
Fire Signs: Aries, Leo, Sagittarius

You're motivated by aspirations and inspiration. You like to recharge by achieving your goals and through physical activities.



Earth Signs: Taurus, Virgo, Capricorn

You are motivated by practicality and material needs. You like to recharge by being in nature, feeding your senses or being productive.



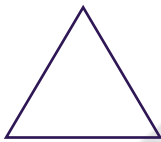
Water Sign: Cancer, Scorpio, Pisces

You are motivated by deep emotional desires. You recharge through emotional experiences, like meditation, or social situations with people.

Moon Sign

The Moon is your soul. It represents your subconscious, you typically keep it hidden and this is the driving force behind your emotional reactions. Your moon sign is your emotional response, unconscious pre-destination and self-image. It shows how you express yourself when at home and comfortable.

UNDERSTANDING YOUR SIGN



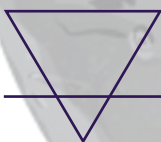
Air Signs: Gemini, Libra, Aquarius

You are able to react to changing circumstances well and with objective evaluation. You feel aligned with your inner self when you are interacting socially or expressing your ideas.



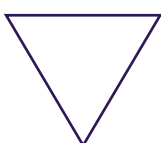
Fire Signs: Aries, Leo, Sagittarius

You react to changing circumstances with action and excitement. You feel aligned with your inner self when you are confident, remove your negative self-talk and show your inner strength.



Earth Signs: Taurus, Virgo, Capricorn

You react to changing circumstances steadily; one step at a time, and with a sense of stability, remaining grounded and centred helps. You feel most aligned when you have been working towards a goal and being productive.



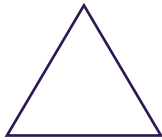
Water Sign: Cancer, Scorpio, Pisces

You react to changing circumstances with your emotions and sensitivity. You feel most aligned with yourself when you prioritise your self-love and balance your emotions.

Rising Sign

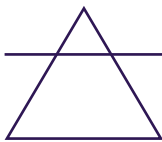
Your Rising Sign (or Ascendant Sign) is how you affect your environment and how you are perceived by others. It represents your skills and potential, and how you deal with certain situations or respond to external inputs.

UNDERSTANDING YOUR SIGN



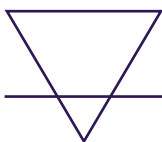
Air Signs: Gemini, Libra, Aquarius

You are inquisitive, friendly, mentally quick and express yourself verbally. You approach life with the desire to understand the meaning of your encounters.



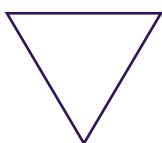
Fire Signs: Aries, Leo, Sagittarius

You are confident, passionate and action-oriented. You often have large amounts of physical energy and strive to make your mark on the world.



Earth Signs: Taurus, Virgo, Capricorn

You are matter-of-fact, and focus on the material world. You are persistent and don't stop until you have achieved your goals, continuing with determination where others would stop. You are able to face challenging situations where others would struggle.



Water Sign: Cancer, Scorpio, Pisces

You are sensitive, empathic and are influenced by your environment. You often react based on your emotions and approach situations with your feelings at the forefront.

Zodiac Signs

The sign of the Zodiac refers to the 12 specific constellations that the sun passes through. Your star sign is the constellation the sun was in when you were born. But it doesn't stop there, the constellations also affect you on a deeper level.

The Moon and each planets location within the constellations at your birth play a vital role in who you are, the experiences and challenges you face and your true path. Understanding your chart can help you to understand who you are and why you are here. *If you are unsure of your Moon and Rising Sign, there are plenty of free mapping websites online.* You can also apply and embrace the energy from each starsign during the different moon phases and sun seasons, as each constellation brings it's own wave of energy, which we explore in more detail on the following pages.



Aries

21st March - 19th April



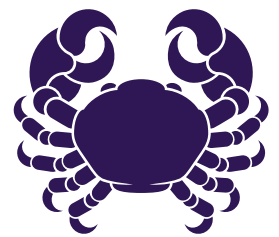
Taurus

20th April - 20th May



Gemini

21st May - 20th June



Cancer

21st June - 22nd July



Leo

23rd July - 22nd August



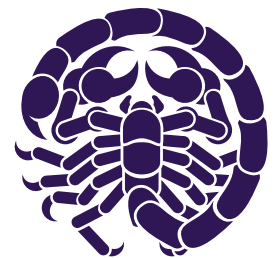
Virgo

23rd August - 22nd September



Libra

23rd September - 22nd October



Scorpio

23rd October - 21st November



Sagittarius

22nd November - 21st December



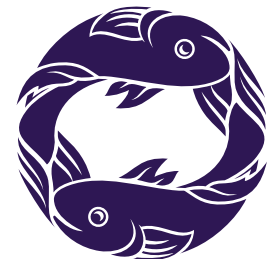
Capricorn

22nd December - 19th January



Aquarius

20th January - 18th February



Pisces

19th February - 20th March

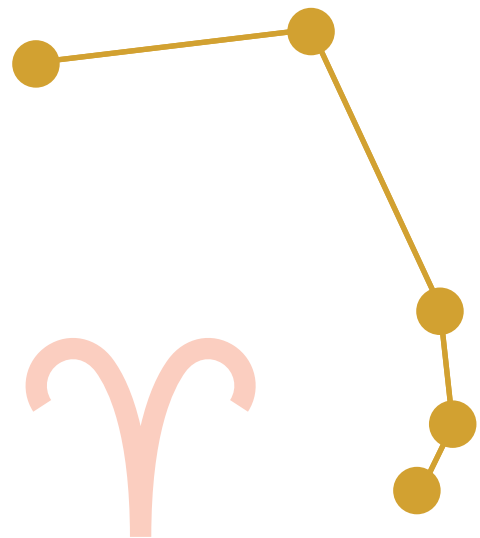
Aries

March - April

Aries is the Cardinal Fire Sign. Fire energy is life force energy! It embodies passion, confidence, action, risk-taking, motivation, leadership, energy and sparkle in abundance. Cardinal energy is initiating energy that helps us start new projects, new anything. It's time to start afresh. No matter what has gone before, this is an opportunity to begin again with a clean slate.

Aries people are active, upbeat, enthusiastic, confident, enterprising, courageous, decisive, charismatic and natural leaders. If you were born in the sign of Aries it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Aries season will help you to expand your natural gifts with ease if you take this opportunity.

Affirmation: I am lovable, I am worthy, I am valued, I am deserving.

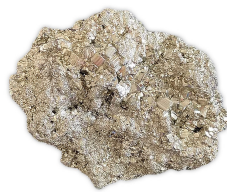


CRYSTALS FOR ARIES



Bloodstone

Bloodstone is a real warrior stone. Its energy grounds us so successfully into our physical bodies, bringing us into present time and elevating our vitality, strength and determination.



Pyrite

Pyrite is a stone of action, confidence and manifestation, activating the power of the Solar Plexus chakra to enhance willpower so we can take positive, assertive action.



Sunstone

Sunstone brings the radiance of the Sun into our lives with all its associated qualities. Reflecting the qualities of light it really does have it all going on as a stone of leadership, inspiring responsibility, benevolence and expanded levels of consciousness.

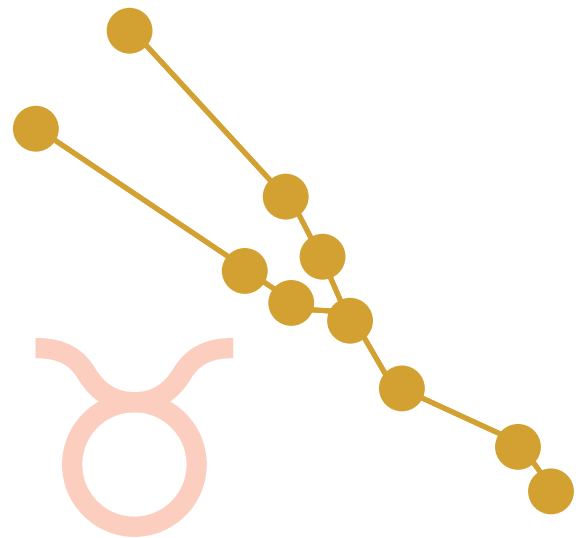
Taurus

April - May

Taurus is the Fixed Earth Sign and Earth energy is physical energy, meaning the focus is on money and self-worth. Taurus is the most earthly of all the 12 signs and embodies all things physical, sensual, abundant, stable, secure, practical, organised and structured. Fixed energy is lasting energy that helps us stay focused and productive. It is a great time to work at something that requires persistence and patience.

Taurus people are grounded, nature-loving, responsible, patient, dedicated, sensual and have a strong sense of self-worth. If you were born in the sign of Taurus it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Taurus season will help you to expand your natural gifts with grace if you take this opportunity.

Affirmation: I am strong, I am in control, I am secure.



CRYSTALS FOR TAURUS



Rose Quartz

Rose Quartz is the perfect stone to accompany this time of year when love, peace and beauty all abound in nature. In helping to heal the heart, Rose Quartz teaches us that the source of love comes from within and this is essential for discovering self-worth and inner peace.



Green Aventurine

Green Aventurine helps us embrace new challenges as we grow with confidence and optimism, bringing good fortune and bright blessings. It imparts a sense of balance and well-being to the physical body, our precious home in this lifetime and focus during Taurus season.



Clear Quartz

Clear Quartz crystals facilitate our own expansion of awareness because they channel high-frequency light and energy from the heavens onto the Earth plane. In clearing and cleansing the lower energies they bring just clarity which helps us to manifest what we need with ease.

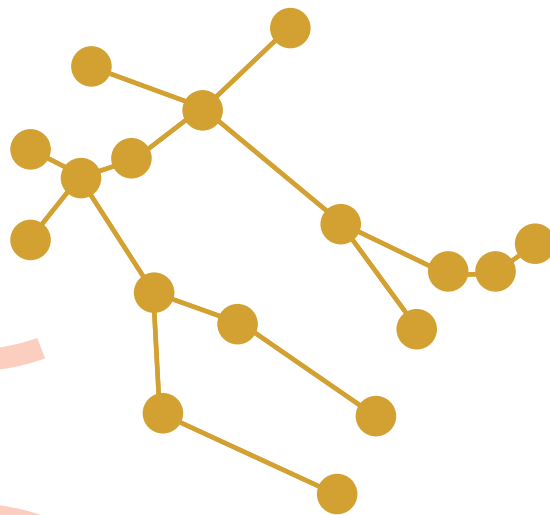
Gemini

May - June

Gemini is the Mutable Air Sign. Air energy is mind energy and Gemini embodies the breath, thought processes, speaking, writing, learning, communication, relationships, teaching, change and aspirations for the future. Mutable energy is adaptive energy that helps us refine, adapt and adjust. It is a great time to take stock of things and make any necessary improvements.

Gemini people are intelligent, playful, social, curious, quick witted, friendly and communicative. If you were born in the sign of Gemini it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Gemini season will help you to expand your natural gifts with grace if you take this opportunity.

Affirmation: I am lucky, I am open to new adventure, I am excited for today.



CRYSTALS FOR GEMINI



Fire Quartz

Combining Clear Quartz with Iron Oxide, it has a dual nature just like Gemini. It is a real power house that brings us the best of both worlds with improved balance and connection. It helps the wandering and short attention span minds to have focus and concentration.



Howlite

Howlite represents the spiritual qualities of stillness and open mindedness, which are so valuable for Gemini. Bringing peace and clarity of mind, its calming energy helps to release the burdens of an over-active mind and bring focus to help make sense of our many thoughts.



Celestite

Celestite facilitates the highest levels of communication with the angelic realm by enhancing intuition and insight to elevate our awareness. As a great communicator, Gemini values support with the throat chakra and this calming, gentle energy helps to connect with its softer side.

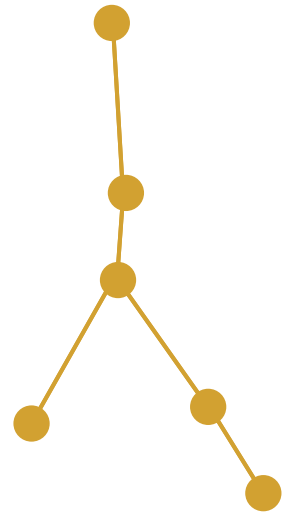
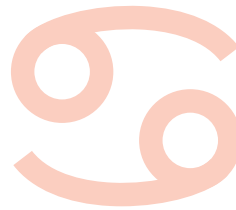
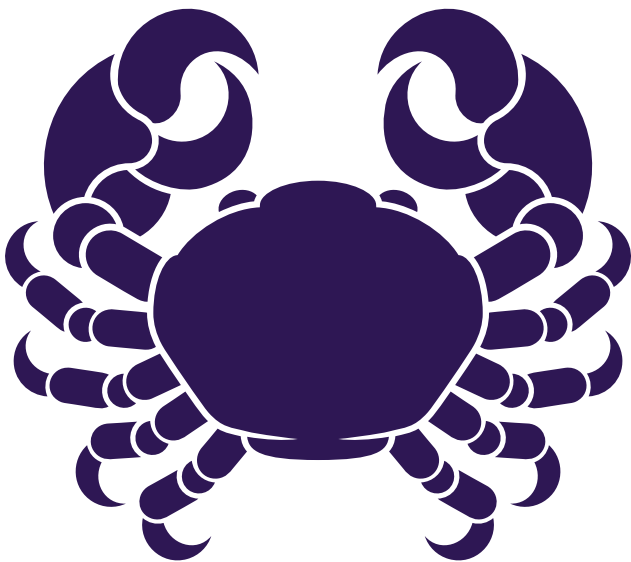
Cancer

June - July

Cancer is the Cardinal Water Sign. Water energy is flowing emotional energy connected to intuition, dreams and symbols, and Cancer explores the themes of family, ancestors, the home and nurturing. Cardinal energy is initiative energy that helps us begin new endeavours. It is a great time to start a new self-care ritual or a project at home.

Cancer people are sincere, gentle, loving, romantic, warm and nurturing. If you were born in the sign of Cancer it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Cancer season will help you to expand your natural gifts with grace if you take this opportunity.

Affirmation: I am magical, I am guided by the Universe, I am intuitive.

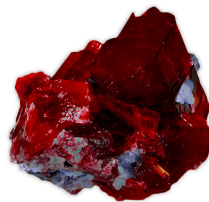


CRYSTALS FOR CANCER



Moonstone

Cancer is ruled by the Moon and Moonstone is the premier stone to use when working with the Moon. Moonstone helps to amplify the nurturing and intuitive energies of Cancer while keeping the emotional state calm and flowing.



Ruby

Ruby is a stone of passion that helps us to connect with our deepest desires. Cancer energy is most passionate about creating a warm, nurturing home environment where loved ones can be protected. Ruby provides the energy, confidence and grounding to do this successfully.

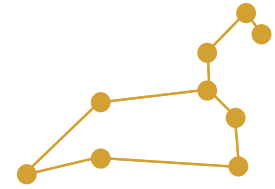


Carnelian

Carnelian is a stone that exudes the vitality and confidence to live life with passion and courage. It also sparks the insight and intuition that brings out the creative side of Cancer energy, helping to manifest dreams into reality.



Leo

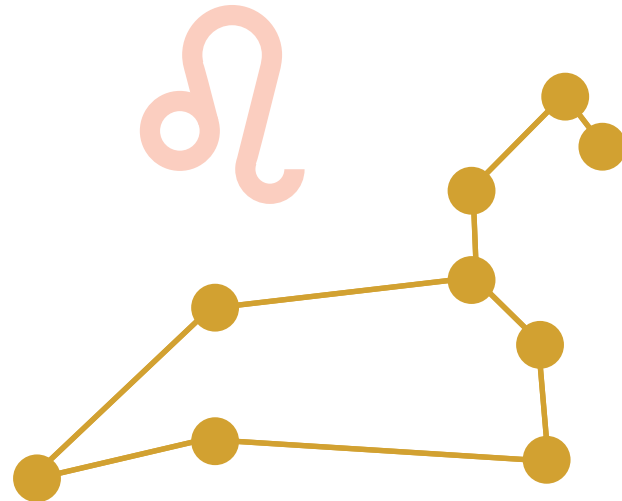


July - August

Leo is the Fixed Fire Sign. Fire energy is life force energy that embodies energy, action, leadership, passion, motivation, confidence and sparkle and Leo explores the themes of expression, individuality, loyalty and respect. Fixed energy is lasting energy that keeps us directed and productive. It is a great time to focus our energy on something that requires passion and dedication.

Leo people are fun-loving, generous, spirited, big-hearted, noble, playful and imaginative. If you were born in the sign of Leo it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Leo season will help you to expand your natural gifts with grace if you choose to embrace this opportunity.

Affirmation: I am leading, I am protecting others, I am a good example.



CRYSTALS FOR LEO



Tiger Eye

A fabulously striking and shimmering Leo stone that enhances all the qualities that Leo possesses in abundance. Tiger Eye is the ultimate support for balanced will-power, confidence and drive that helps manifest dreams into reality through the power of intention setting.



Garnet

Garnet symbolises this Sun sign perfectly as it lights a powerful fire that brings out the best in Leo. The luscious dark red of Garnet enhances strength, promoting loyalty and courage. The grounded perspective of Garnet helps balance Leo while retaining charisma and flair.



Carnelian

The flaming orange energy of Carnelian encourages passion, vitality and creativity which are all key themes for Leo. Carnelian also inspires confidence and instils happiness which are natural states of being for Leo and this enables their generous heart to be shared.

Virgo

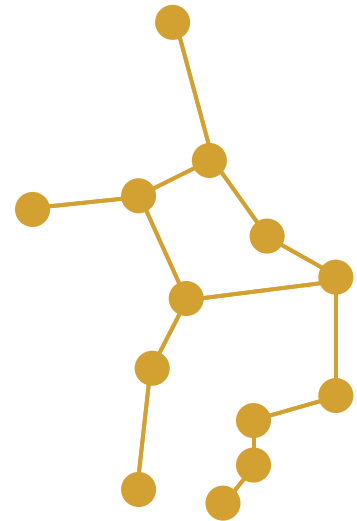
August - September

Virgo is the Mutable Earth Sign. Earth energy embodies action, leadership, passion, motivation, confidence and sparkle. Mutable energy focuses on change, emphasising progression and moving on, rather than transformation of current situations. It is a great time to step forward, focusing on ending cycles and starting anew. It is a time to confidently embrace adaptation and motivate yourself to take the next step in your journey to achieve your goals.

Virgo people are kind, modest, hard-working, particular, disciplined and organised. If you were born in the sign of Virgo it is your season for an upgrade and you need to get to work defining your goals for the year ahead.

Virgo season will help you to expand your natural gifts if you choose to embrace this opportunity.

Affirmation: I am kind, I am making a difference to my corner of the world, I am valued.

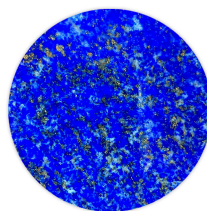


CRYSTALS FOR VIRGO



Amazonite

Amazonite is perfect for balancing emotions and releasing control as Virgo season can bring a lot of emotion and a desire to control situations. It encourages us to go with the flow and accept imperfections, bringing a nice balance to the energy of Virgo season.



Lapis Lazuli

Lapis Lazuli is a wonderful crystal for helping us connect to our inner self, encouraging and guiding us to follow our path. It helps us be truthful with ourselves and others, helping to identify what is no longer serving us and helping us release negative self-talk and patterns.



Fluorite

Fluorite is perfect as Virgo season is a time for planning, hard work and living your purpose. Mental clarity and accessing your higher mind are key for helping us achieve this. Fluorite clears the Lower Mind of muddled thoughts and negativity, bringing a new sense of clarity.

Libra

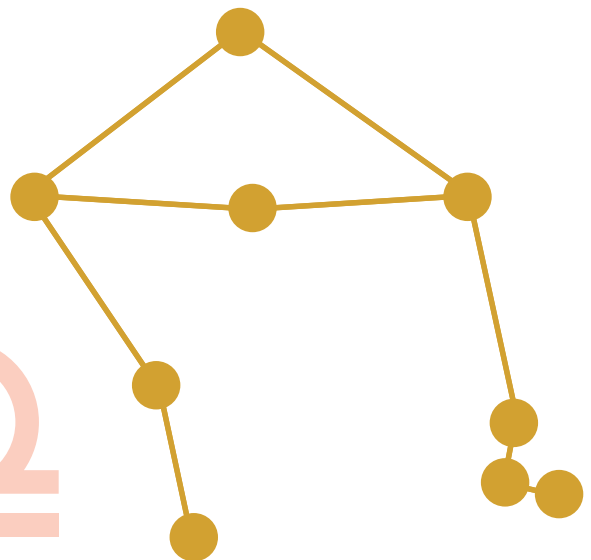
September - October

Libra is the Cardinal Air Sign. Air energy embodies thought processes, connection, communication, relationships, learning, writing, speaking, breath, innovation, change and aspirations for the future. Cardinal energy is initiative energy that helps us to begin new projects and endeavours. It is a great time to create balance in our lives and start new partnerships.

Libra people are fair, balanced, elegant, polite, diplomatic, charming and intelligent. If you were born in the sign of Libra it is your season for an upgrade and you need to get to work defining your goals for the year ahead.

Libra season will help you to expand your natural gifts if you choose to embrace this opportunity.

Affirmation: I am shrewd, I see and solve problems, I share my wisdom.



CRYSTALS FOR LIBRA



Kyanite

Kyanite is a powerful crystal for balance and alignment so a great match for the energy of Libra. It connects us to our highest truth and makes it easy for us to express ourselves and communicate clearly and openly.



Lepidolite

Lepidolite is a variety of purple Mica known for its ability to dispel negativity and instil calmer energies. It has a high lithium content and is perfect for Libra as it enhances feelings of peace and harmony.



Tourmaline

Tourmaline is a birthstone for October, bringing possibility and faith during times of transition. All experiences unfold in cycles and Tourmaline helps us to honour, recognise and celebrate those cycles.

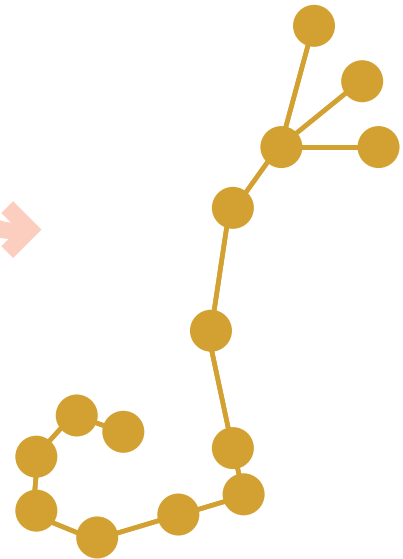
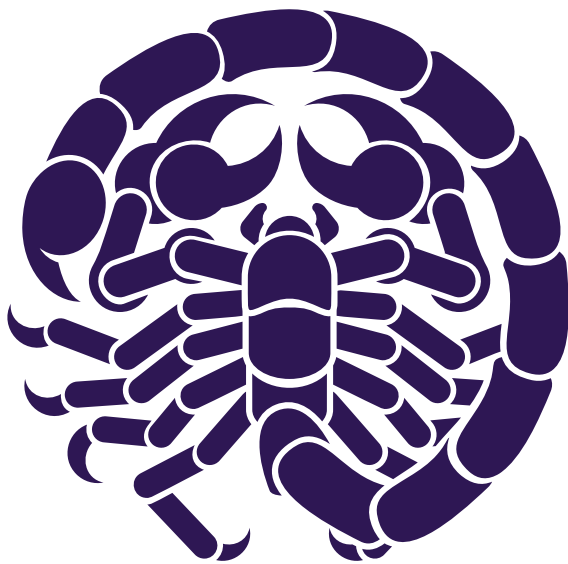
Scorpio

October - November

Scorpio is the fixed Water Sign. Water energy embodies emotions, dreams, the subconscious, symbols, intuition, psychic abilities, family, home, ancestors, forgiveness and metamorphosis. Fixed energy is lasting energy that helps us stay focused and productive. It is a great time to engage in something that requires patience and persistence.

Scorpio people are emotional, passionate, sexy and profound. If you were born in the sign of Scorpio it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Scorpio season will help you to expand your natural gifts if you choose to embrace this opportunity.

Affirmation: I am brave, I can handle anything in life, I help others do the same.

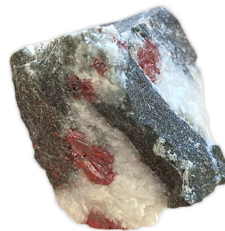


CRYSTALS FOR SCORPIO



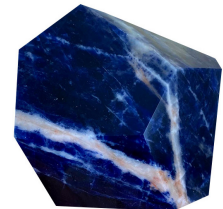
Black Obsidian

Black Obsidian is a fabulous grounding stone. It can be used to release excess energy AND eliminate lower and negative energies. Black Obsidian facilitates psychic cleansing, which in turn leads to protection and better communication with spirit.



Cinnabar

Cinnabar is the perfect colour crystal for Scorpio. A stone of alchemy and transformation, it helps manifest our divine blueprint in this lifetime. It stimulates the third eye, bringing insight and helps ground the visions into physical reality, creating prosperity and wealth.



Sodalite

Sodalite helps transform difficult emotions and stabilise them by focusing the mind on producing more rational thought patterns. It's soothing energy prevents the powerful energy of Scorpio from becoming distracted and helps it to become more centred and stable.

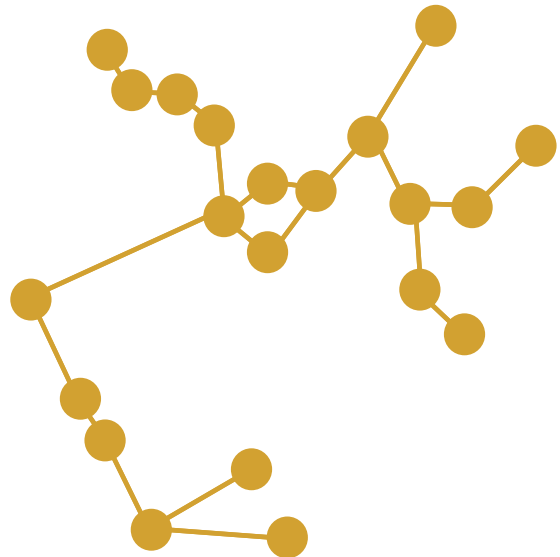
Sagittarius

November - December

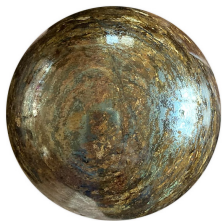
Sagittarius is the mutable Fire sign. Fire energy embodies life force, passion, leadership, action, confidence, motivation, energy and sparkle. Mutable energy is adaptive energy that helps us refine, adjust and improve. It is a fantastic time to explore all your options and make any necessary changes. The focus is on being the best we can possibly be.

Sagittarius people are fun, spirited, wild, ethical, love learning and totally unstoppable. If you were born in the sign of Sagittarius it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Sagittarius season will help you to expand your natural gifts if you choose to embrace this opportunity.

Affirmation: I am free, I can do anything I wish to, I love my life.



CRYSTALS FOR SAGITTARIUS



Bronzite

Bronzite has balancing and grounding frequencies that support the free-spirited energies while keeping courage and confidence high, regardless of what life throws at you. It is a master at helping to overcome challenges, discover hidden talents and live life on our own terms.



Lepidolite

Lepidolite contains calming frequencies of peace and relaxation thanks to the Lithium it contains, guiding us towards ease and grace in all its aspirations and endeavours. All this Fire energy can lead to a frazzled nervous system if left unchecked!



Tiger Eye

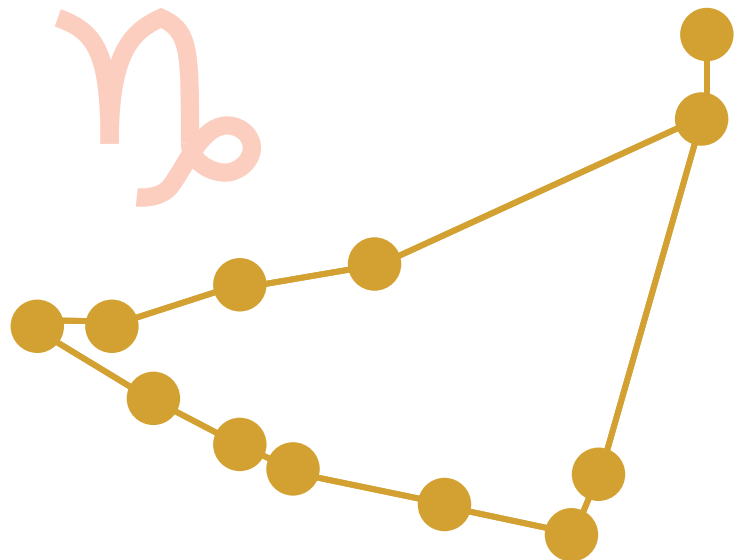
Tiger Eye with its super shimmering golden ray has a powerful energising effect on Sagittarius, enhancing personal willpower and self-worth. It also provides the courage, focus and determination needed to take appropriate action and live life by our own rules.

Capricorn

December - January

Capricorn is the Cardinal Earth sign. Earth energy embodies stability, security, service, abundance, money, time, resources, Mother Earth and nature. Cardinal energy is initiative energy that helps us begin new projects and endeavours. It is a brilliant time to start a new course, project or job, anything with a new and exciting goal. Capricorn people are prudent, disciplined, systematic, structured, industrious and practical. If you were born in the sign of Capricorn it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Capricorn season will help you to expand your natural gifts if you choose to embrace this opportunity.

Affirmation: I have inspiring goals, I am determined, I will succeed.



CRYSTALS FOR CAPRICORN



Clear Quartz

Clear Quartz is probably the best crystal to connect this earthy, purpose orientated energy to higher levels of consciousness. Bringing clarity to the whole process, it helps to determine the true purpose and the steps that are necessary to make dreams become reality.



Black Tourmaline

Black Tourmaline is a powerful grounding and protective stone and provides the help that Capricorn needs to thrive and prosper as it transmutes negative energy around worry, judgement and fear and helps to keep a positive mindset every step of the way.



Howlite

Howlite helps over thinking Capricorn energy to get out of the head, settle an over-active mind and soothe nerves. It also creates a connection to higher energies and inspires us to live our highest and brightest possible life.

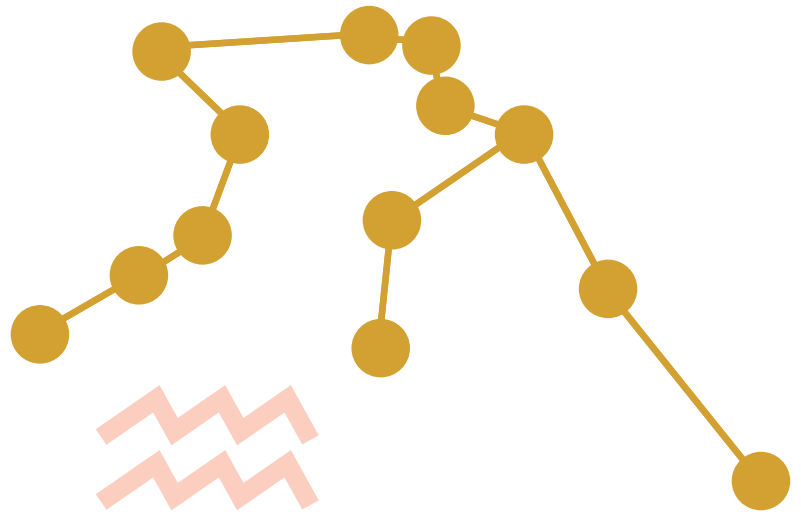
Aquarius

January - February

Aquarius is the Fixed Air sign. Air energy embodies thought process, connection, communication, relationships, sociability, speaking, teaching, learning, writing, change and aspirations for the future. Fixed energy is lasting energy that helps us stay directed and productive. It is an excellent time to focus our energy and work at something that requires patience and persistence.

Aquarius people are radical, intelligent, innovative, progressive and groundbreaking. If you were born in the sign of Aquarius, it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Aquarius season will help you to expand your natural gifts if you choose to embrace this opportunity.

Affirmation: I see what others don't or won't, I am innovative, I seek progress.



CRYSTALS FOR AQUARIUS



Aquamarine

Aquamarine brings the ability to release the past and go with the flow, reducing stress as Aquarius works to change the world.



Amethyst

Amethyst purifies and protects the energy field and then enables a great connection with divine energies. This helps to have the best intuition and higher guidance to give the best course of action moving forward.



Hematite

Hematite has strong grounding energy to keep Aquarius energy connected to the Earth at all times so it can carry out its innovative plans and manifest them fully in this physical realm.

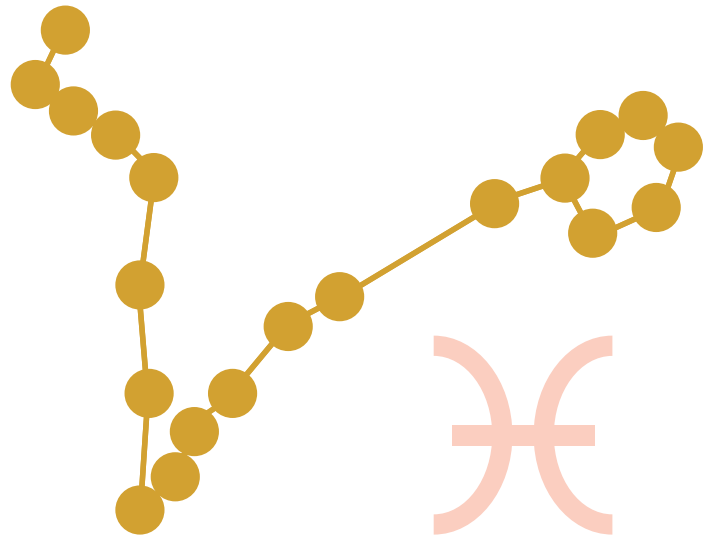
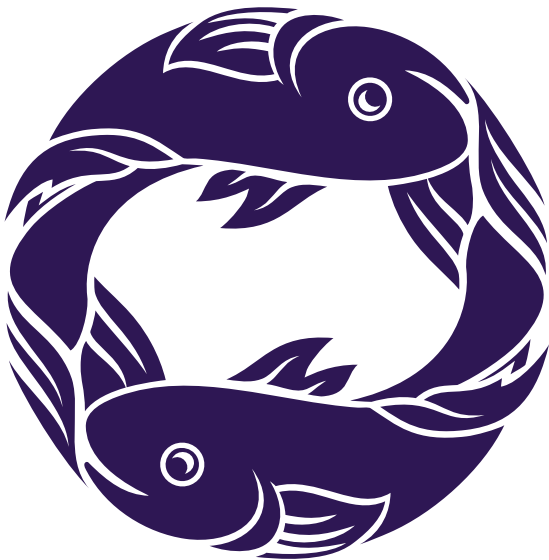
Pisces

February - March

Pisces as the Mutable Rising sign. Water energy embodies emotion, feelings, intuition, dreams, the subconscious mind, psychic ability, symbols, home, ancestors, forgiveness and transcendence. Mutable energy is adaptive energy that helps us refine, improve and adjust. It is an excellent time to meditate and connect with your inner wisdom so you can identify what needs adjusting.

Pisces people are mystical, magical, intuitive, imaginative, spiritual, compassionate, gentle, sensitive, accepting and wise. If you were born in the sign of Pisces, it is your season for an upgrade and you need to get to work defining your goals for the year ahead. Pisces season will help you to expand your natural gifts if you choose to embrace this opportunity.

Affirmation: I am appreciated, I am loved, I make my corner of the world kinder.

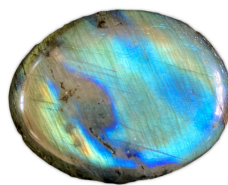


CRYSTALS FOR PISCES



Amethyst

Amethyst is a master at helping to curb overindulgence and stop bad habits which is perfect as Pisces has a tendency towards escapism of all kinds!



Labradorite

Labradorite is THE stone of magic and divination, adventure, protection and psychic development. This powerful crystal ally safeguards us as we explore other dimension and realities, bringing us safely back home when we have finished.



Lepidolite

Lepidolite provides fabulous emotional support to calm and balance feelings, reduce anxiety and bring a sense of peace. It also welcomes any necessary changes that are needed for transformation by removing self-doubt and fear.